

## Suggestions of What to Take on Deployment

### Devotional Materials

- Bible and devotionals       *Spiritual Preparation for Disaster Relief*  
 Hope in Crisis tracts       Witnessing tracts

### Identification

- Disaster relief ID     Driver's license     Vehicle registration  
 Phone numbers (family physician, employer, church, emergency contact)

### Insurance Information (list company, policy number, coverage, agent, and phone)

- Health       Automobile       Life

### Miscellaneous Items

- Money or traveler's checks (\$50-200)       Notebook and pencils or pens  
 Southern Baptist disaster relief manual and/or state disaster relief manual

### Clothing (4-7 day supply)

- |   |   |
|---|---|
| <input type="checkbox"/> Disaster relief caps and jackets     | <input type="checkbox"/> Work shoes                               |
| <input type="checkbox"/> Coats and/or jackets (warm and cool) | <input type="checkbox"/> Waterproof footwear                      |
| <input type="checkbox"/> Jeans or work pants                  | <input type="checkbox"/> Socks (2/day; white, wool or wool blend) |
| <input type="checkbox"/> Shirts (warm and cool weather)       | <input type="checkbox"/> Work gloves                              |
| <input type="checkbox"/> Underwear                            | <input type="checkbox"/> Rain suit or poncho                      |
| <input type="checkbox"/> Sleepwear                            | <input type="checkbox"/> Bandanas and handkerchief                |
| <input type="checkbox"/> Sneakers                             | <input type="checkbox"/> Laundrybag                               |

### Health, Safety, and Hygiene

- Prescription medicine (List by name all your prescription medications)  
 New prescription orders (if your physician approves and will write new prescriptions)  
 Nonprescription drugs       Allergy kit: bees, etc..       Sunblock (15+)  
 Bar soap       Liquid antibacterial soap       Laundry detergent  
 Deodorant       Feminine needs       Personal needs  
 Towels       Washcloths       Mouthwash  
 Toothbrush       Toothpaste       Dental floss  
 Shampoo and rinse       Comb and brush       Hair spray  
 Chap stick       Shaving cream       Razor  
 Diarrhea cure       Antacids       Laxative  
 Insect spray       Skin lotion       Blister kit  
 A&D ointment       Antifungal ointment/spray       Foot powder

### Food

- Diet food       Snacks       Drinking water

### Supplies and Equipment

- Flashlight or lantern       Bedding (air or foam mattress, cot, and covers)  
 Watch or clock       Tent (optional, inquire first)  
 Canteen or water bottle  
 Special personal items you need for health, safety, or comfort